## In the Silence of Becoming

"Not in the afterglow of an experience... but in the Silence of Becoming."

The ups, the downs – the inside outs, the push, the pull, the connection to the force – the power of Love in motion in all things created are in the same strand of potentials unlimited.

They are not found in any one place – in any one position, any one body, mudra or rituals – Ah! No – they are found within the Silence of Becoming.

Not in the afterglow of an experience – that is just the afterglow – soon to fade as it must give way to the next experience.

Holding onto what one feels in resonance feels good to a point, and then it must be released.

Release is the natural rhythm of Life! Breath flows in – it feels good, it nourishes and supports systems, and then it must be released to make way for the next breath.

Walk in gentle allowance – no secrets to guard – simply Presence to behold.

Time is a construct – when misunderstood and overvalued, it constricts until it is let go of.

All of life is in motion – even rest is a motion.

All is happening in the action of expansion of Love.

Witness - experience - release - you are still here.

But we ask you, dear one – where is here?

Release the need to believe in a place, a time, a construct of the Divine Architecture of all Life.

All holds equal measure in the whole of All That Is.

No part is less valued, less perfect, less aware. Less destined to expand in awareness of Self as the Whole.

It is time now to flow in the Becoming – not as a chore, or reaching the summit, or achieving a grand prize – but as One Love so great all bows and folds into the Whole.

Received by Kynra in morning stillness, June 2025